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GET THE TITLE FROM CHARLES CAVANAH  
THE REPRINT THIS COA.)

MINUTES

ATHENAEUM SOCIETY

14 JANUARY 2010

The January meeting of the Athenaeum Society convened at 6:30 PM at the Holiday Inn, Hopkinsville, Ky. Member Howard Willen led in prayer. This date was one week later than the customary date of the first Thursday of the month due to snow and ice conditions on the highways and byways of our fair city which precluded safe travel for our members, although some stalwart brethren, who shall remain anonymous, actually considered the cancellation was due to the College BCS Championship being played that very same evening at 7:00 PM. Why the Athenaeum leadership never considered that factor, but only the safety of our members at home in front of the fireplace with the television for companionship in lieu of our scheduled meeting.

Following an out of the room buffet dinner consisting of mystery Italian style lasagna pasta accompanied with sliced beef submerged in gravy, President White called the meeting to order at 7:05PM.

Secretary Nicolos called the roll with 32 of 39 members acknowledging their presence.

Minutes of the December meeting and financial statement were read and approved.

President White called for absence excuses from the December meeting.

Those who were absent offered various excuses that were actually true. And by thunderous acclamation, all were accepted and approved.

President White announced that member D.D. Cayce had regrettably resigned effective the first day of January. Secretary Nicolos communicated the Societies best wishes and appreciation for his past participation.

The evening's papers were presented by Charles David Cavanah, a member since 1987, # 15 in seniority, and Paul D. Guffey, a member since 1987 # 16 in seniority.

I'M SORRY TO TELL YOU THIS, BUT OUR WORLD IS FILLED WITH PEOPLE WHO DON'T TELL THE TRUTH - OR

Mr. Cavanah's paper was titled "Something about lying)" It presented a history of lies spoken by royals or commoners over the centuries. And attempted to explain the rational behind those tales, whether tall or short, and the variations employed for different occasions. Additionally, he concluded that everyone has been guilty of engaging in a lie of varying degree at one time or another during their lifetime. This writer must ~~conclude~~ **ADMIT** that I understood each word of this fourteen page, thirty seven minute presentation, no lie.

Mr. Guffey's paper was titled "What I Like About Warren Rudman: George Catlett Marshall In Two and a Half Pages" It presented his recollection of the Annual AUSA Marshall Dinner he attended in October of 2006, when the honoree was former Senator Warren Rudman. In his acceptance speech the Senator paid tribute to George Marshall, the U.S. Army Chief of Staff during World War II, and U.S... Secretary of State following the War. stating "It would have been an honor for me to carry his boots let alone receive an award in his name." He concluded "in the long sweep of history, I would go so far as to say he will rank with Washington and Jefferson".

Following a short comfort break, comments were entertained, followed by rebuttals, a few of which represented a third presentation of the evening.

The meeting was adjourned at 9:00 PM.

Respectfully submitted,

Peter K. Nicolos  
Secretary/Treasurer

## MINUTES

### ATHENAEUM SOCIETY

4 FEBRUARY 2010

The February meeting of the Athenaeum Society convened at 6:30 PM at the Holiday Inn, Hopkinsville, Ky. Member George Byars led in prayer.

Following a buffet dinner consisting of thin sliced beef swimming in gravy and Italian spaghetti accompanied with chewy meatballs, President White called the meeting to order at 7:05PM.

Secretary Nicolos called the roll with 28 of 39 members acknowledging their presence.

Minutes of the January meeting and financial statement were read and approved.

President White called for absence excuses from the January meeting.

Those who were absent offered various excuses, some old, and some original. As usual, all were accepted and approved.

Membership Committee chairman, Wynn Radford reported a nomination to membership to replace D.D. Cayce. Comments were given by those familiar with the nominee and a vote for membership will be taken at the March meeting.

The evening's papers were presented by Wendell H. Rorie, the society's senior member. A member since 1960, # 1 in seniority, and David Duncan Cavanah, a member since 2006 # 35 in seniority

Mr. Rorie's paper was titled "MINE IS LONGER THAN YOURS" It presented a checklist of the do's and don'ts; in humans behavior to live longer healthy lives. Recognizing that longevity and health can largely be dependent on inherited genes he illustrated a number of real life scenarios beyond the individual's control and described those unfortunate instances where the former traits passed on by ancestors did not necessarily contribute to longer healthy lives, but instead were shortened or affected by the

circumstances encountered. Having digested these nuggets of wisdom, and having done my utmost in avoiding the described scenarios, this writer has concluded that daily exercise accompanied with a diet that includes garlic, olive oil and red wine ,will greatly contribute to ‘mine being longer than yours.’”

Mr. Cavanah’s paper was titled “A Season Held Hostage: Charlie Bradshaw’s Thin Thirty” In it he describes the experience of University Of Kentucky football players during the years in the 1960’s under the coaching of Charlie Bradshaw. That period was described in the book by the title “Thin Thirty,” so named by the number of players on the UK team of 1962 Coach Bradshaw’s method of coaching was known as total football. Nothing was to interfere with a player’s total dedication to this brand of football and the training required by Bradshaw to achieve the results he demanded. The methods were brutal and unrelenting, and will not be described in this summary. Read the book and you will learn that the School’s administration and the news media contributed to denying and condoning Bradshaw’s method of total football. It would not and is not accepted or tolerated in college football today. It is doubtful that even the toughest and best conditioned NFL team would put up with Bradshaw’s brand of football.

Following a short comfort break, comments were entertained, followed by rebuttals which elaborated on the presentations.

The meeting was adjourned at 8:40 PM.

Respectfully submitted,

Peter K. Nicolos  
Secretary/Treasurer

## MINUTES

### ATHENAEUM SOCIETY

4 March 2010

The March meeting of the Athenaeum Society convened at 6:30 PM at the Holiday Inn, Hopkinsville, Ky. President Hollis White led in prayer.

Following a buffet dinner consisting of more thin sliced beef swimming in gravy and anonymous pasta disguised as lasagna accompanied with corn, beans and potatoes, President White called the meeting to order at 7:05PM.

Secretary Nicolos called the roll with 29 of 39 members acknowledging their presence.

Minutes of the February meeting and financial statement were read and approved.

President White called for absence excuses from the February meeting.

Those who were absent pleaded their cases, As usual, all were accepted and approved.

Membership Committee chairman, Wynn Radford reported a nomination to membership to replace D.D. Cayce. Comments were given by those familiar with the nominee and resulted in a unanimous vote of approval for Mr. Whitney Westerfield. The Secretary will inform him by letter.

President White appointed the three senior members of the Society to form a committee to review paragraph number seven of the by-laws of the Society Constitution, which relates to member absence, whether excused or unexcused, and report back to the membership at the April meeting with their recommendations. Members of the committee are; Wendell H. Rorie, the Rev. Dr. J. Brooks Major, and William T. Turner.

The evening's papers were presented by Edward H. Higgins ,III, a member since 1984, # 10 in seniority, and Marvin D. Denison, a member since 1986 # 14 in seniority.

Mr. Higgins paper was titled "YOGA" It presented a very detailed description of the elements that make up the exercise and meditation program known as YOGA. It is not merely a series of exercises to make ones body fit; it is first and foremost a spiritual act with the primary goal of uniting the body, mind and spirit. He said that after 30-40 minutes of various exercises and poses, the sessions wind down with gentle torso stretches and conclude with five to seven minutes of meditation

YOGA presents a smorgasbord of options for the individual to choose the particular form that best suits his or her objectives .Elements such as Yamas, Niyamas, Asana, Pranayama, Pratyahara, Dharana, Dyana, and Samadhi. Then those elements may be practiced within Hatha Yoga, Bhakti or Kirtan Yoga, Karma Yoga, Dream Yoga, Jnana Yoga, Mantra Yoga and finally Raja Yoga. And, as Mr. Higgins stated in his summary, "As you can see there is lots more to Yoga than might first meet the eye." Or, as the baseball Yoga once said," It ain't over till it's over." Feel free to meditate on that.

Mr. Denison's paper was titled "The Prizes: A Tale of Two." It presented an analysis of the first US President to receive the Nobel Prize for Peace, Teddy Roosevelt, and the latest, Barack Obama. As described in Nobel's will, the prize was dedicated to "the person who shall have done the most or the best work for fraternity between nations, for the abolition or reduction of standing armies and for the holding and promotion of peace congresses"

During Roosevelt's term in office he managed to thrust America on the World's stage as the country to be consulted in world politics. He was the mediator between the Japanese and Russian War to conclude the Treaty of Portsmouth. He mediated between France and Morocco to preserve peace, and sent the Great White Fleet of the US Navy around the world to show the flag. From Latin and South America to the Philippines and beyond Americas influence was felt. He carried the big stick and walked softly

Then following his term in office T.R. outspokenness managed to personally offend many of Europe's Governments and Royalty along with the Religious leaders on both sides of the Atlantic while he traveled through the continent en route to Norway for the award ceremony .His acceptance speech covered three double spaced pages.

While 104 years later, the Nobel nominating committee thinking appeared to be that recognition is sometimes for accomplishments, sometimes for potential.

Following his inauguration, Barack Obama announced and embarked on a round the world good will trip which quickly morphed into a humble shaking of hands and bowing apology to any and all nations for the actions

of previous U. S. administrations. His acceptance lecture in Oslo covered nine single spaced typed pages. Let us hope the latest award will eventually prove correct for potential

Following a short comfort break, comments were entertained, followed by rebuttals which elaborated at length on the additional merits of YOGA. and Nobel Peace Prizes.

The meeting was adjourned at 9:00 PM.

Respectfully submitted,  
Peter K. Nicolos, Secretary/Treasurer

## MINUTES

### ATHENAEUM SOCIETY

1 APRIL 2010

The April meeting of the Athenaeum Society convened at 6:30 PM at the Holiday Inn, Hopkinsville, Ky. President Hollis White led in prayer.

Following a typical buffet dinner consisting of various vegetables, meats and deserts, President White called the meeting to order at 7:05PM, and welcomed new member, Whitney Westerfield.

Secretary Nicolos called the roll with 30 of 40 members acknowledging their presence.

Minutes of the March meeting and financial statement were read and approved.

President White called for absence excuses from the March meeting.

Those who were absent offered various excuses, some old, and some original, and after much give and take as to the definition of unexcused absences; all excuses were accepted and approved.

Chairman Wendell Rorie of the special Committee appointed to review Paragraph # 7 of the Societies By-Laws reported that the committees findings and recommendations would be presented to the membership at the next regular meeting in September following pertinent discussion at this meeting.

Nominating Committee Chairman Robert Harper reported that Robert Cope had been nominated as the society's next President, with Robert Ison as Vice-President and Peter Nicolos as Secretary and Treasurer. All nominations were accepted and approved.

The evening's papers were presented by Marlin H. Anderson, Jr. a member since 2000, # 25 in seniority, and Mitchell D. Kaye, a member since 2002 # 31 in seniority.



Mr. Anderson's paper was titled "Kingston Power Plant Ash Spill" It presented the results that occurred when. in the early morning of December 22, 2008, a retention dam for an ash pond at TVA's Kingston Power Plant gave way and a large volume of coal ash sludge escaped into the Emory river and surrounding area . Consequently, the adjacent communities and wildlife were adversely exposed to toxic fly ash .A myriad of scientific and environmental facts accompanied with photographs concluded his presentation

Mr. Kayes's paper was titled "Morris "Moe" Berg, Linguist, Lawyer, Pro Baseball Player, Spy, ...." It presented a biography of Moe Berg. His documented early life included ability with numerous languages, and careers as an attorney, professional baseball player, and as a spy for the OSS, forerunner of the CIA, during World War II. In that regard, he conducted a covert mission that provided vital intelligence to US military planners which culminated in the successful surprise aerial attack on Japan by the Doolittle Raiders. Little is known of his life following World War II, But he is always remembered as a true American patriot, who was born of immigrant Russian Jews in New York City in the, early years of the 1900;s

Following a short comfort break, comments were entertained, followed by rebuttals which elaborated on the presentations.

Presenters for the May Open Meeting at Oakland Manor were announced as William T. Turner and Robert E. Ison

The meeting was adjourned at 9:10 PM.

Respectfully submitted,

Peter K. Nicolos  
Secretary/Treasurer

## MINUTES

### ATHENAEUM SOCIETY

6 May 2010

The May Open meeting of the Athenaeum Society convened at 6:30 PM at Oakland Manor, Hopkinsville, Ky. Member James Adams III gave the invocation.

Following an outstanding buffet dinner prepared by Four Seasons Catering, President White called the meeting to order and welcomed each member and guest.

The normal procedures of the Secretary calling the roll, reading the minutes of the previous meeting and the financial report were not in play for the Open Meeting, as was the President's call for excuses for absences at the April meeting

The evening's papers were presented by William T. Turner, a member since 1964, and # 3 in seniority, and Robert E. Ison., a member since 2000 and # 22 in seniority.

Mr. Turner's paper was titled "Say It Ain't So. This paper was a review of 18<sup>th</sup> century newspaper articles found in the Hopkinsville-Kentuckian, now known as the Kentucky New Era. Those articles related various reports of local situations that often resulted in public reactions and remarks such as "Say It Isn't So".

Mr. Ison's paper was titled "LEWIS GRIZZARD, I STILL MISS YOU" He related in humorous and sometimes sad detail of the life of this well known and loved American writer and humorist who spent the majority of his short career as the Sports Editor of the Atlanta Journal. As an author of 25 books, he will be remembered by many readers' best by the title, "My Daddy Was Pistol, and I'm a Son of a Gun".

Following a short comfort break, comments were entertained, followed by rebuttals, both of which were enjoyed by members and guests.

The President then presented the annual Hal King Twinkie Award to those members with perfect meeting attendance during the past and current year. The members were: Wendell Rorie, Charles David Cavanah, Robert Harper, Hollis White, and Peter Nicolos.

The presenters for the next meeting on 2 September 2010 at the Holiday Inn were announced by the Secretary. They are **II**, Brooks Major and George Engler.

The President adjourned the meeting after announcing that the flowered centerpieces at each table were to be taken by the member or guest whose Meeting program booklet contains a small American flag attached on the back page.

The meeting was adjourned at 9:15 PM.

Respectfully submitted,

Peter K. Nicolos  
Secretary/Treasurer

## MINUTES

### ATHENAEUM SOCIETY

2 September 2010

The September meeting of the Athenaeum Society convened at 6:30 PM, at the Holiday Inn, Hopkinsville, Ky. Member Charles Russell Guffey gave the invocation.

Following a somewhat sparse buffet dinner President Cope called the meeting to order at 7:05 PM, and welcomed members to a new season of presentations.

Secretary Nicolos called the roll with 31 of 38 members acknowledging their presence.

Minutes of the April and May Open meeting, and the current financial

President Cope called for excuses from the April and May meetings.

The various excuses offered were reluctantly accepted and approved.

President Cope announced the resignations of Peter C. Macdonald and William J. Watson, due to overriding commitments in Nashville, Tn., and transfer to Lynchburg, Va., respectfully. The members accepted the resignations with regret. The Secretary acknowledged by letter expressing same and wishes for future success.

President Cope passed out a new list of Committee assignments to all members and requested the Chairman of the newly formed By-Laws Committee to present recommendations at the November meeting relating to changes/amendments/additions/deletions, etc. required to place within the Constitution and By-Laws the current desires of the membership with regard standing committees (article 3), length of presentations (article 6), excused/unexcused absences (article 7), and any additional subjects the Committee deems to be of importance.

The evening's papers were presented by Rev. Dr. J. Brooks Major, a member since 1961, and # 2 in seniority, and Dr. J. Terry Fuqua, a member since 2002, and # 27 in seniority.

Dr. Major's paper was titled "The Privy Council" This paper was a light hearted and humorous history and practical knowledge of the Privy, also known as the Outhouse. The foremost considerations given to a proper Privy consist of three considerations above all others; namely; Construction, Location, and Furnishings. The paper presents detailed instructions for all these considerations, and should any member be inclined to avail himself of a custom made Privy, the Secretary will be pleased to furnish you a copy for your carpenter/contractor.

Dr. Fuqua's paper was titled "An Old Doc Relives His Past" This paper presented some of the odd, sometimes bizarre and humorous recollections of the author's experience as an internist over the past 50 years. As these minutes could be subpoenaed under the Freedom of Information Act or some other obscure statute relating to Dr/patient relationship or treatment, the Secretary suggests that members avail themselves to the original paper should they desire to review the pertinent memories described therein. The paper will be held closely in the Athenaeum vault.

Following a short comfort break, comments were entertained followed by rebuttals.

Presenters for the October 7<sup>th</sup> meeting were announced as George Engler and James Coursey.

The meeting was adjourned at 9:20 PM.

Respectfully submitted,

Peter K. Nicolos  
Secretary/Treasurer

## MINUTES

### ATHENAEUM SOCIETY

7 October 2010

The October meeting of the Athenaeum Society convened at 6:30 PM, at the Holiday Inn, Hopkinsville, Ky. Member William Turner gave the invocation.

Following a somewhat improved buffet dinner Vice President Ison called the meeting to order at 7:05 PM.

Secretary Nicolos called the roll with 24 of 37 members acknowledging their presence.

Minutes of the September meeting, and the current financial were read, and approved.

Vice- President Ison called for excuses from the September meeting..

The various excuses offered were reluctantly accepted and approved.

Vice President Ison stated that reports from the BY-LAWS Committee would be deferred until the November meeting when President Cope would be present for guidance.

Under New Business, member Duncan Cavanah read a letter of resignation he had received from John Tilley earlier today which requested member Cavanah inform the Society of same. The membership voted to accept this resignation with regret.

The evening's papers were presented by George Engler, a member since 1983, and # 9 in seniority, and James Coursey, a member since 2009, and # 34 in seniority.

Mr.Engler's paper was titled "Tears of the Sun" This paper was a short history of the metal we know as gold and how it came to be that a value was assigned to it though out the centuries and in nearly every civilized nation

till it assumed its present status as the standard recognized for value in trade and commerce throughout the world.

Mr. Coursey's paper was titled "THE MOON IS A BALLON" This paper presented the development and history of the hot air balloon and the significance of the technology acquired over the centuries to the current state of ballooning enjoyed by thrill seeking enthusiasts throughout the world

Following a short comfort break, comments were entertained followed by rebuttals.

Presenters for the November 4th meeting were announced as Hal King and Hollis White

The meeting was adjourned at 8:30 PM.

Respectfully submitted,

Peter K. Nicolos  
Secretary/Treasurer